Real humans, simulated attacks

Usability testing with attack scenarios

Lorrie Faith Cranor

lorrie.cranor.org
@lorrietweet



Let's talk about humans

"Humans are incapable of securely storing high-quality cryptographic keys, and they have unacceptable speed and accuracy when performing cryptographic operations... But they are sufficiently pervasive that we must design our protocols around their limitations."

— C. Kaufman, R. Perlman, and M. Speciner. *Network Security: PRIVATE Communication in a PUBLIC World.* 2002.

The human threat

- Malicious humans
- Clueless humans
- Unmotivated humans
- Humans constrained by human limitations



User studies can help us better understand the human threat and design systems that meet user needs

Reasons to conduct user studies

Assess needs

What should we build?

Evaluate

Are requirements met? What should be improved?

Examine tradeoffs

Which features/approaches best fit particular needs?

Find root causes

What underlying problems need to be fixed?

Excuses for not doing usability studies

- If people weren't so lazy or stupid or careless it would work fine
- I already know what people want
- No time, no money
- I find the system easy to use
- It's so easy my kids can use it
- I'm not a usability expert

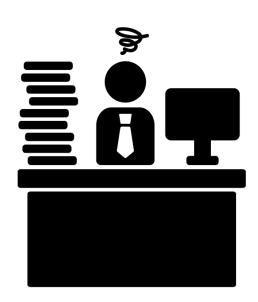


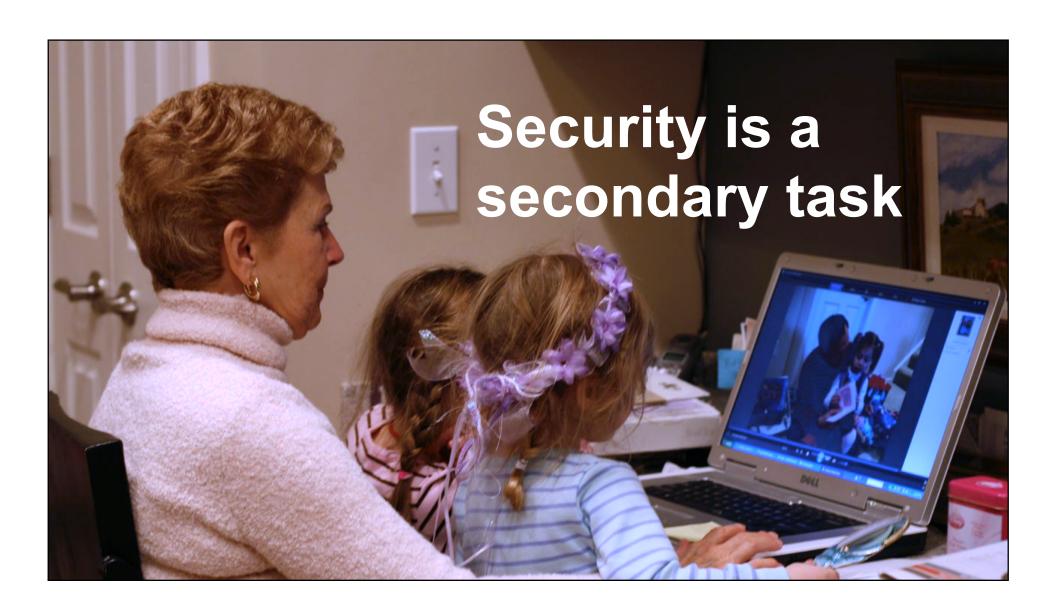
How are security user studies different from other user studies?

Security user studies usually involve the presence of an **adversary**

Need to make sure systems are usable and remain secure when...

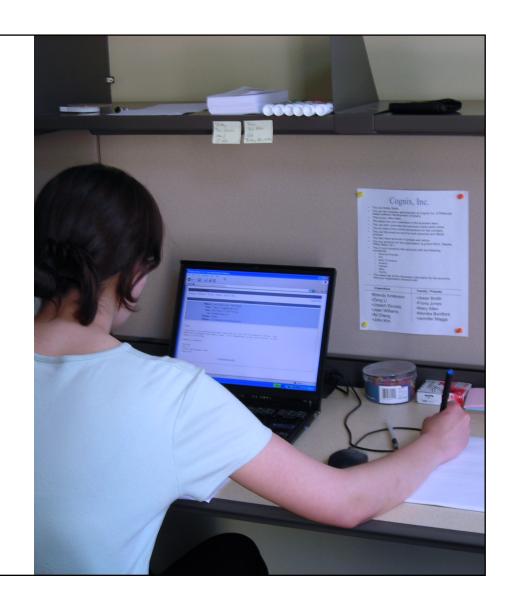
- Attackers (try to) fool users
- Users behave in predictable ways
- Users are unmotivated, careless, stressed, or busy





Usable security study challenges

- Keeping it real (ecological validity)
- Observing infrequent events and small differences
- Legal, ethical, and practical issues



How can we design a (legal and ethical) study that allows us to observe users in a realistic scenario being exposed to risk?

observation of real-world activity

naturallyoccurring risk Many data collection challenges

Usually not conducive to a controlled

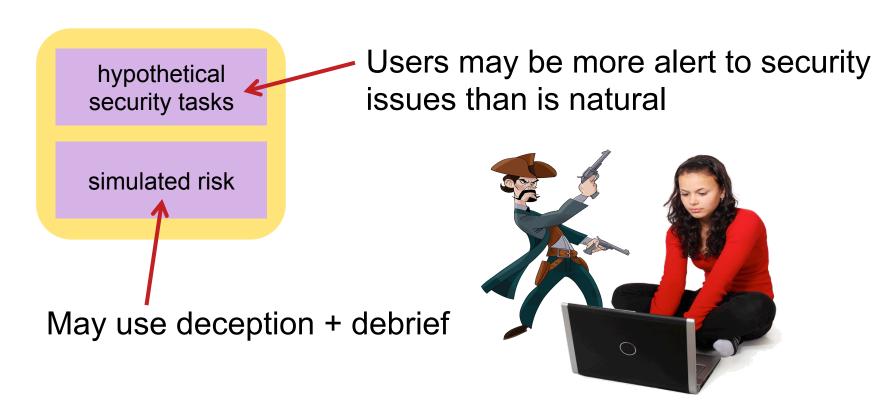
experiment

Events of interest may be infrequent



Not ethical to harm study participants





real non-security tasks

simulated risk

But users still doing tasks they have been told to do as part of a study



observation of real-world activity

naturallyoccurring risk hypothetical security tasks

simulated risk

real non-security tasks

simulated risk

observation of real-world activity

naturallyoccurring risk

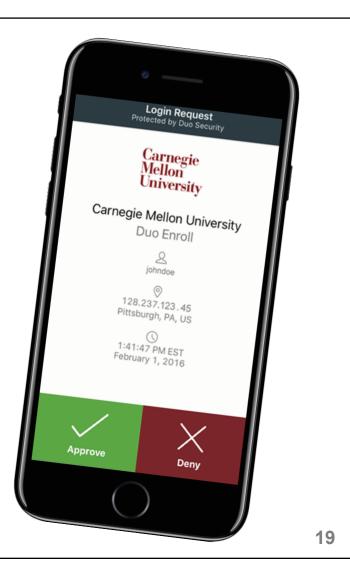
Observing 2fa rollout

observation of real-world activity

naturallyoccurring risk

Observing 2fa rollout

- Spring 2017: University began requiring 2fa for employees
- Surveys of students, faculty, and staff as 2fa was being adopted
- Collecting data on problems, help desk tickets, security issues, etc.
- Data collection still underway



Reasons for adoption + non-adoption

- Beliefs about need (or lack of need) for security
- Knowledge of users' good or bad experiences

Usability + unintended consequences

- People don't always have their phones with them
- Accidental token button pushes cause sync problem
- Students getting locked out of dorm rooms



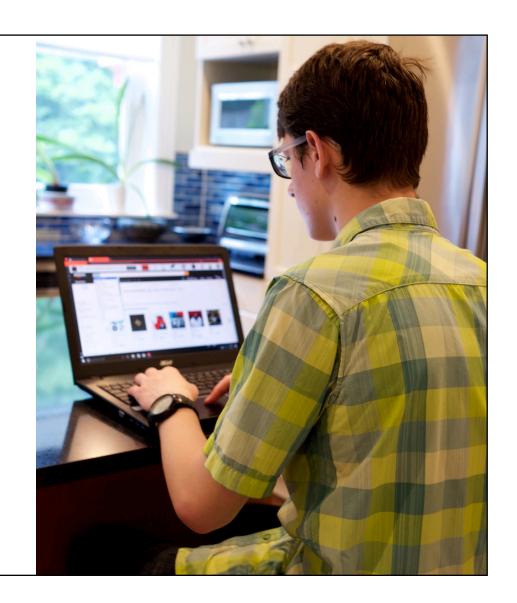
Observing home computer users in their natural habitat

observation of real-world activity

naturallyoccurring risk

Security Behavior Observatory (SBO)

- Network of instrumented home Windows computers
- ~200 active participants
- Natural observation + surveys and interviews

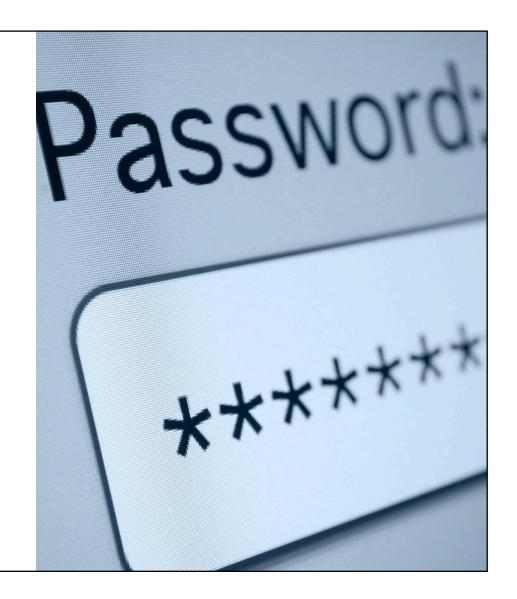


Impact of security engagement

- Matched observed security state of computer with self reports about engagement with computer security and maintenance
- Found more security engagement did not always lead to more secure computers

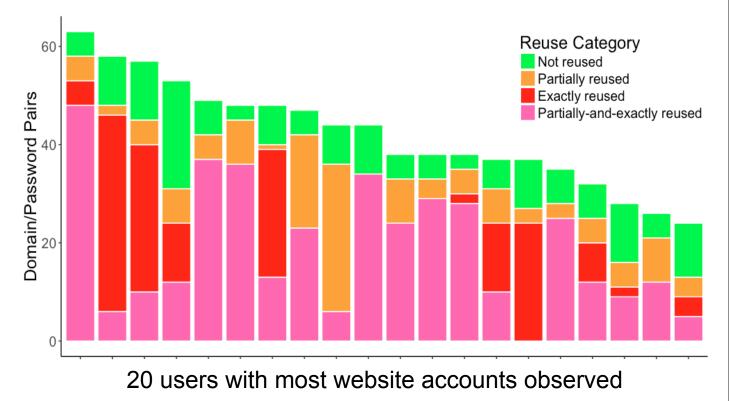
SBO data related to passwords

- Hashes of passwords and 4+ character substrings
- Length, strength, characters in each class (upper/lowercase, digits, special characters)



How users manage many passwords

Most users reuse passwords exactly and partially



hypothetical security tasks

simulated risk

Comparing usability and secure of password policies

hypothetical security tasks

simulated risk

How can we help users pick passwords that are easy to remember, but hard for an attacker to guess?

Large-scale online experiments

- Amazon Mturk for easy recruitment and payment
- Email participants without collecting personally identifiable information
- 50,000+ participants



Participant tasks

- Create password under a randomly assigned condition
- Take a survey
- Recall password
- Return 2 days later to recall password and take survey

Choose a password:	•••••
Re-enter your password:	
Continue	

Hypothetical security scenario

Imagine that your main email service provider has been attacked, and your account became compromised. You need to create a new password for your email account, since your old password may be known by the attackers. Because of the attack, your email service provider is also changing its password rules.

Password creation task

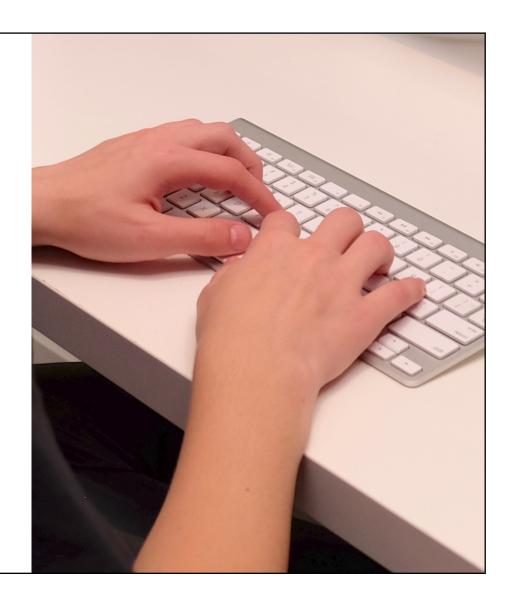
Please follow the instructions below to create a new password for your email account. We will ask you to use this password in a few days to log in again so it is important that you remember your new password.

Request to behave normally

Please take the steps you would normally take to remember your email password and protect this password as you normally would protect the password for your email account. Please behave as you would if this were your real password!

Usability metrics

- Creation attempts and time
- Recall attempts
- Reported sentiment
- Write-down rate
- Study drop-out rate



Password strength metric

Guessability

Estimate of how many guesses a sophisticated attacker will need to guess a password



Password policies

Password policies

Policy Example password

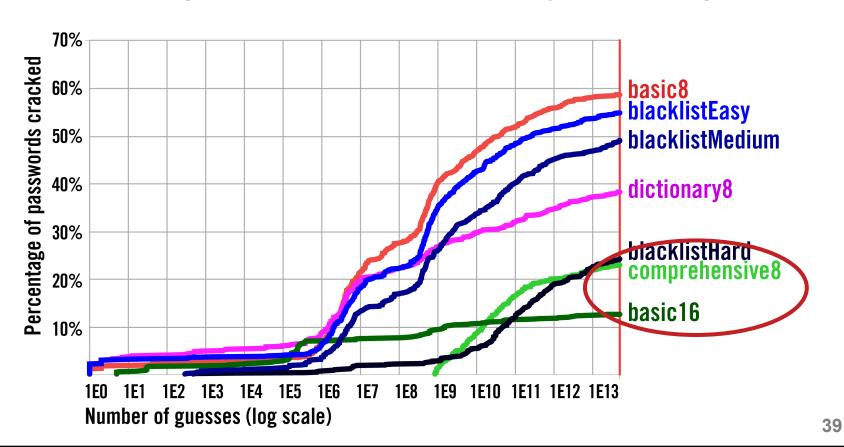
Basic8 password

Dictionary8 sapsword

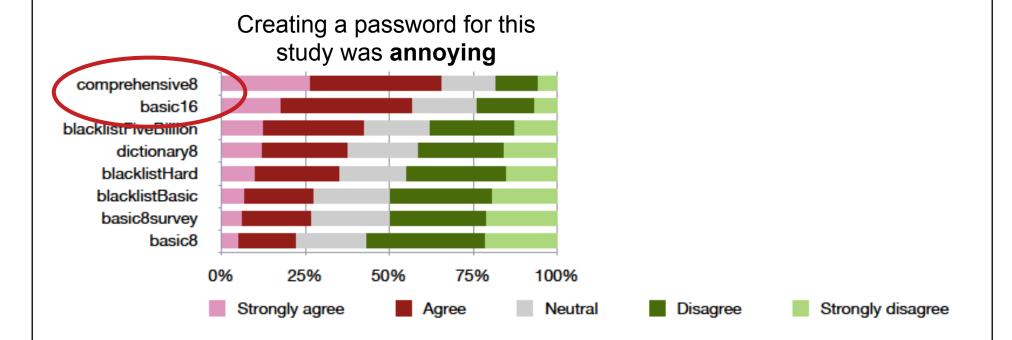
Comprehensive8 Sapsword1!

Basic16 passwordpassword

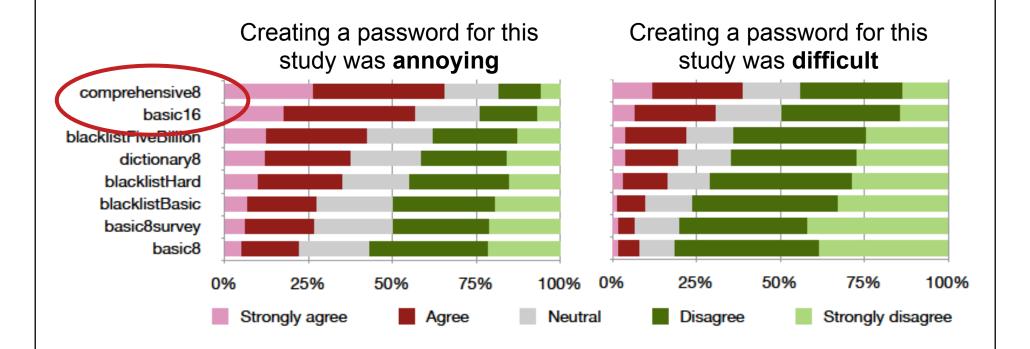
Comparing password policy strength



Comparing password policy usability



Comparing password policy usability



Benefits of this experimental approach

- Learn relative strength and usability of different password policies
 - Change policy with everything else constant
 - Observe all keystrokes while user creates and enters password
- While scenario is hypothetical, passwords are similar to passwords for real accounts

Users' accuracy when comparing crypto key fingerprints

hypothetical security tasks

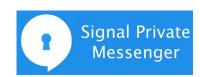
simulated risk

Secure messaging

Private communications tools



 Sender needs to reliably obtain recipient's public key to send an encrypted message



 Important to check to make sure you have correct key



Public key → **fingerprint**

----BEGIN PGP PUBLIC KEY BLOCK-----

Version: SKS 1.1.5

Comment: Hostname: pgp.mit.edu

mQINBFLsrT0BEADI72WmFPt4Q8+3zhtXfxg7MtIilamR0XLk0CSy5jEJk38rLb6Sxr7TCHD1 sD/W/Iy8atV3UA5MUwTZ12iU08MAGW49qmEp9atY7alFtL2p1mGBV0nd8gx0nuLFstGaFIUv WRV1meRxiU5zneH2Slt+dgjDsUWMN4nFNnP+87FMI98Q82OdwDai7hXtGKaxLYpzIo9gfFGy W2x47FXvMxQTC4pUyavkKsv4Q9qfx4cS/Bxv5eezNn/076b47L/xwJ0gCUJILt4udig7RYyI y8Y0wO5cBwVIfd/XzIig7q0vzEgVCLFnhghyJsguLMjRXa/pCuCAiNkeiqHHwdT3GRHSbGh+SsUJ6JUcj5nzh50DpExEGDv1wlncE7DIpwpxM+ct4muVMYqhe6moP6rs0a/aTi+3Jw+Hg80n FsKlpizCUsAtTFft94t0FZw+uplu+AGPZ8qD1J490V5GZo+7RkUFYxNq/Zt0GAcB+KaW4MTZ CpDBUJRAnWm/k/n00YbdjQsTR/Si7cnkLFhQMRN3yaETLsE0WKUYBBmJPug7bhkDEWkF15MJ dF1N5EQ7Hb1t1Fi39zYBhZYMkYEaVviRYAP1VQLOCzVSsS4xUyivRsDRmSX7DLmaW8tY1NwE 8QvJ6mjNQy+V/DdSQf9cMdVu7NMnk8Cb5HOuEgj19wywm4wWgQARAQABtB5Kb3NodWEgVGFu IDxqdGFuMTg5QGdtYWlsLmNvbT6JAj0EEwEKACcFAlLsrT0CGwMFCQHhM4AFCwkIBwMFFQoJ CAsFFgIDAQACHgECF4AACgkQiZDZY75OwYzPaA//aH6+41N6d1egxPG+NDzcaCPv73gbIxtZ u19fi9WtVAnLBqGykOHL1Yw+hCH9jFWYfRq8vmiRaRuVQn/7Wf+JcsQway2M7XICeOEg2bPv uR3eQ50jYyvqEkxSgzoBRp46aSm/9S1wHvwp62C5Hu3Cnjlvb/vFQgWB4tfuyVVjqcpn//Qv 0Jas5SZ6TUid6yLpkFq8U1AQo24Wl2Ns8pfXJOUAfeL0fUoDoQ++0t1V7Zsog7sOIxVXfEyk

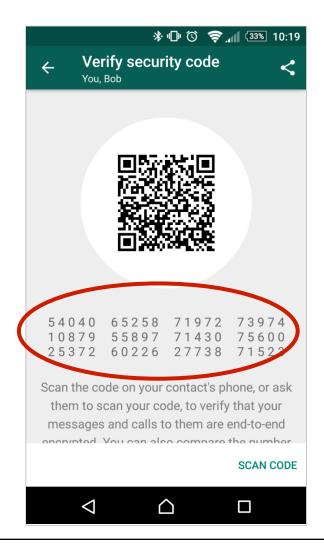
C6C2 78B5 6F92 2B8F 5A07 5B17 69F5 2C6E F103 4425





Alice wants to verify Bob's fingerprint

- WhatsApp provides numeric fingerprints
- Alice can compare this with fingerprint on Bob's business card or other source



What type of fingerprint is best?

8174 5886 6247 7685 4281 4047 0930 1306 7201 2113 8177 9827



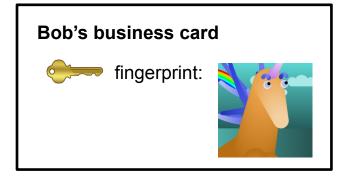


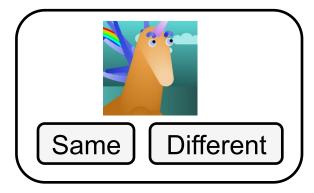
tin yellow blood short attention tax danger bulb wood the normal healthy up false nut bright

buri padi luya kilo yise rada deyu sipi hofe hage xata rite

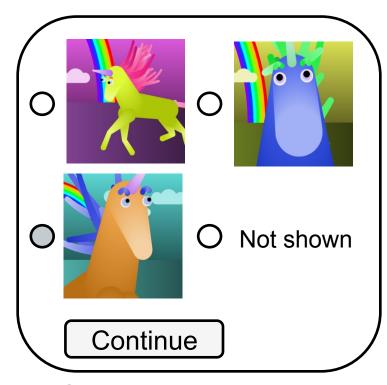
Joshua Tan, Lujo Bauer, Joseph Bonneau, Lorrie Faith Cranor, Jeremy Thomas, Blase Ur. Can Unicorns Help Users Compare Crypto Key Fingerprints? CHI 2017

Comparison modes





Compare-and-confirm



Compare-and-select

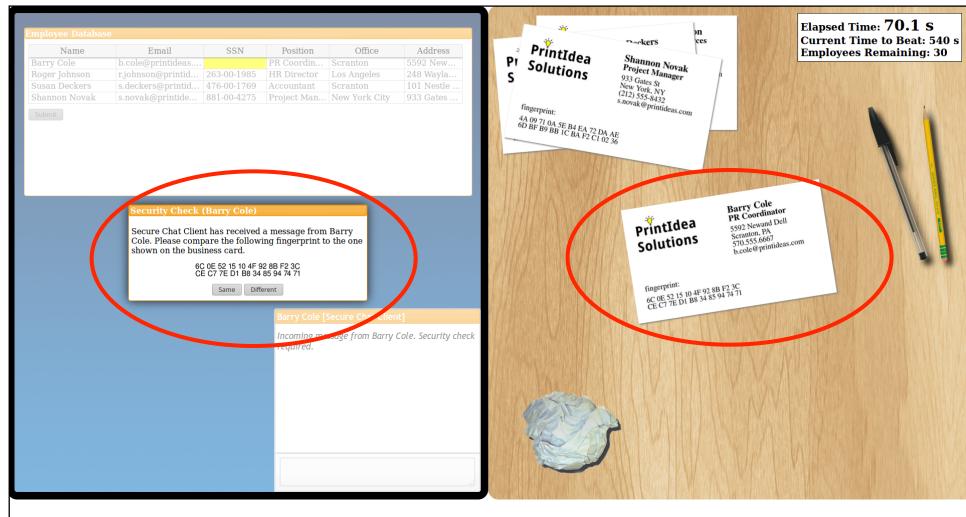
Do certain representations and comparison modes lead to more accurate comparisons?





661-participant Mturk experiment

- Participants role-played accountant tasked with updating employee SSNs in database
- For each of 30 employees, required security check involving fingerprint comparison
- Each participant saw 30 fingerprints of same format, including 1 attack
- Tested 5 textual formats, 3 graphical formats



Results: people aren't good at this!

- Compare-and-select caused more mistakes than compare-and-confirm
- Textual formats all had similar missed attack rates
- Graphical formats more varied in attack rates, faster to compare
- Most attacks missed in unicorn condition
- No fingerprints performed very well

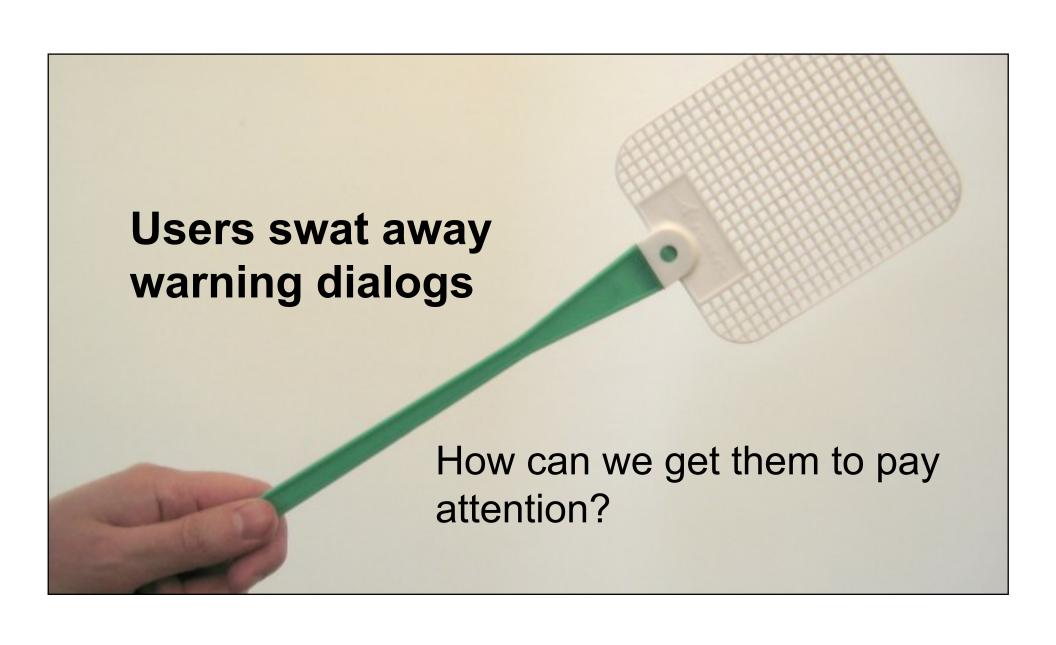


real non-security tasks

simulated risk







Study design challenges

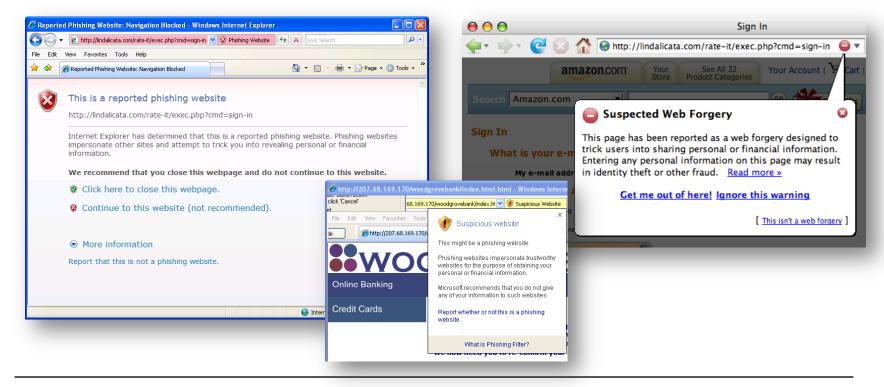
- Observe users interacting with warnings without them knowing we're interested in warnings
- Make users feel like they are experiencing an attack without actually putting them at risk

Evaluating phishing warnings

real non-security tasks

simulated risk

Browser phishing warning study



S. Egelman, L. Cranor, and J. Hong. You've Been Warned: An Empirical Study of the Effectiveness of Web Browser Phishing Warnings. CHI 2008.

Required a little deception

- Lab study on online shopping
- Purchase paper clips from Amazon
- Answer questions about shopping (for another study)
- That's when we phished them
- Check email to get your receipt
- That's when they fell for it



Your Amazon.com order (#102-6801884-2225735): your approval required https://linear.com/inbox

(\$\frac{1}{2}

"Amazon.com" <order-update@amazonaccounts.net> to me

show details Jun 13 6 Reply

Please approve this delay so that we can continue processing your order. (Note that if we haven't received your approval by the end of business tomorrow, the item will be cancelled.

page in Your Account:

http://www.amazonaccounts.net/gp/signin/104-3310393-0927909.htm

If clicking the above link doesn't work, you can copy and paste the link into your browser's address window, or retype it there.

http://www.amazonaccounts.net/gp/signin/104-3310393-0927909.htm

that cannot accept incoming e-mail. Hease do not reply to this message.

Thanks for shopping at Amazon.com, and we hope to see you again.

Sincerely,

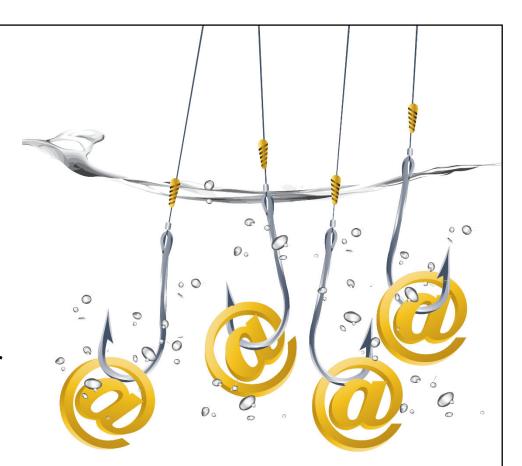
Customer Service Department

http://www.amazon.com

Check your order and more: Order Update

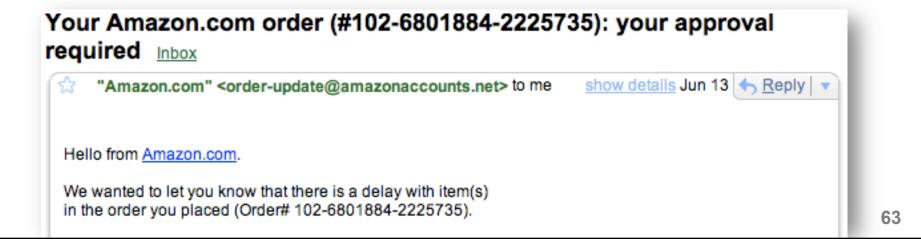
Success!

- Most participants got phished
- Significant differences between conditions
- Observed interesting user behavior that helped us understand root cause of failures



Confused by domain names

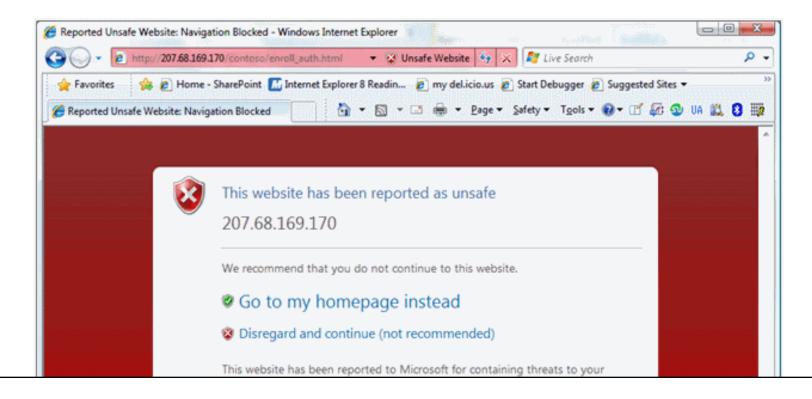
"The address in the browser was of amazonaccounts.net which is a genuine address"



Confused mental models

Some users repeatedly closed their browser, returned to the phishing email, and clicked on the link again

Research led to better phishing warnings



Attracting attention to key information

real non-security tasks

simulated risk

Some hazards are ALWAYS dangerous







Some hazards are context dependent







Security dialogs context dependent

- Security warning dialogs more like warnings on wine than warnings on poison
- Software developers place burden of assessing risk on users





A good warning helps users determine whether they are at risk

- Stops users from doing something dangerous in risky context
- Doesn't interfere with non-risky contexts
- Need to test warnings in both contexts

Can you spot the suspicious software?



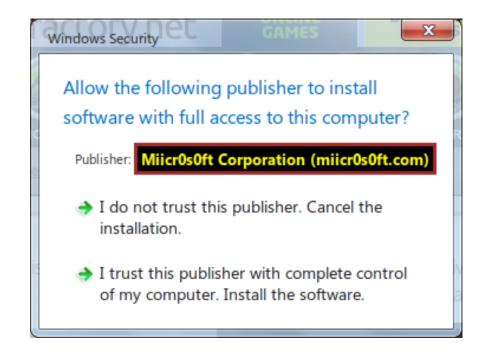


benign

suspicious

Attracting users' attention

How can we focus users' attention on key information they need to make informed decisions?











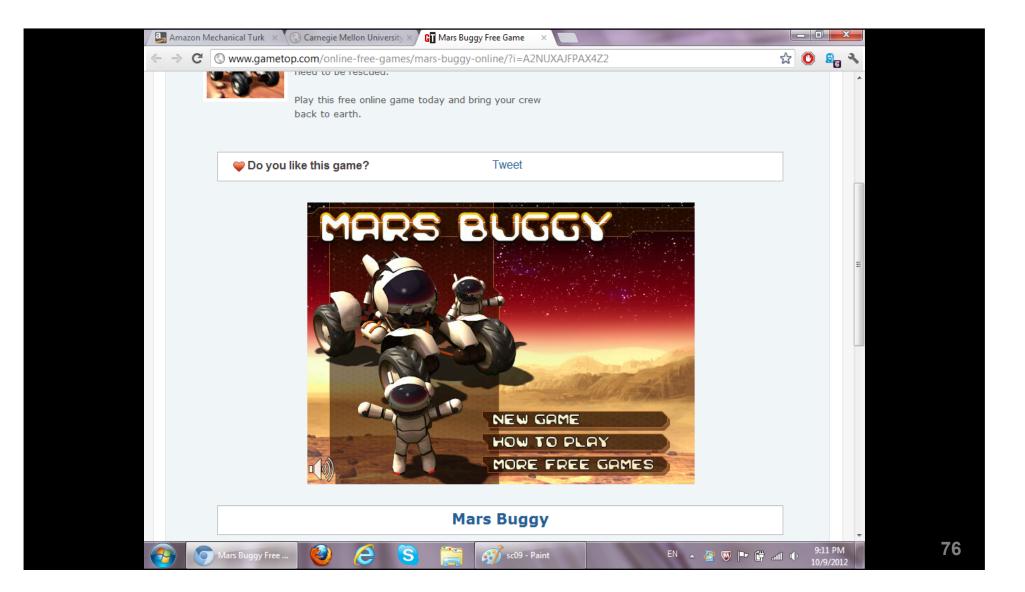


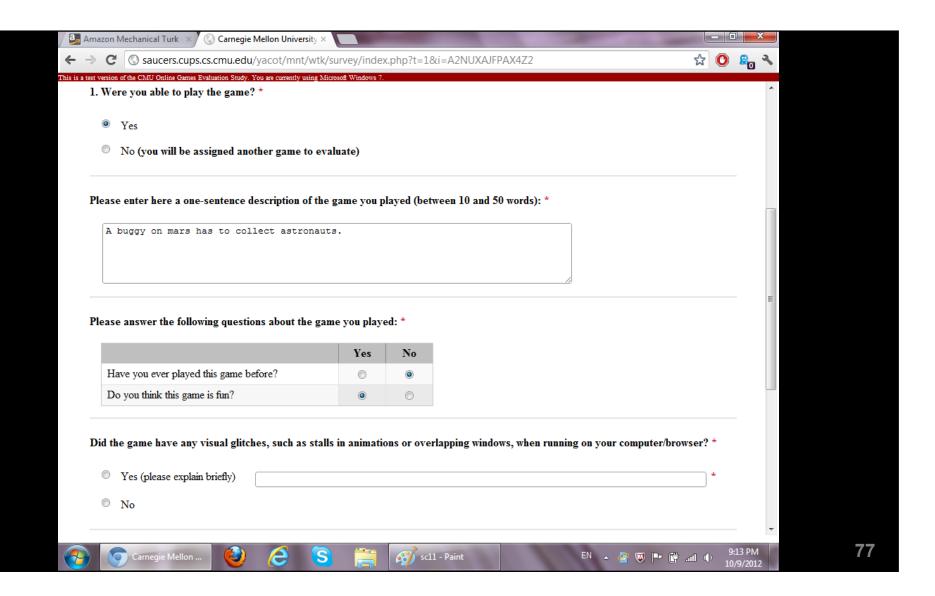
Do any of these work?

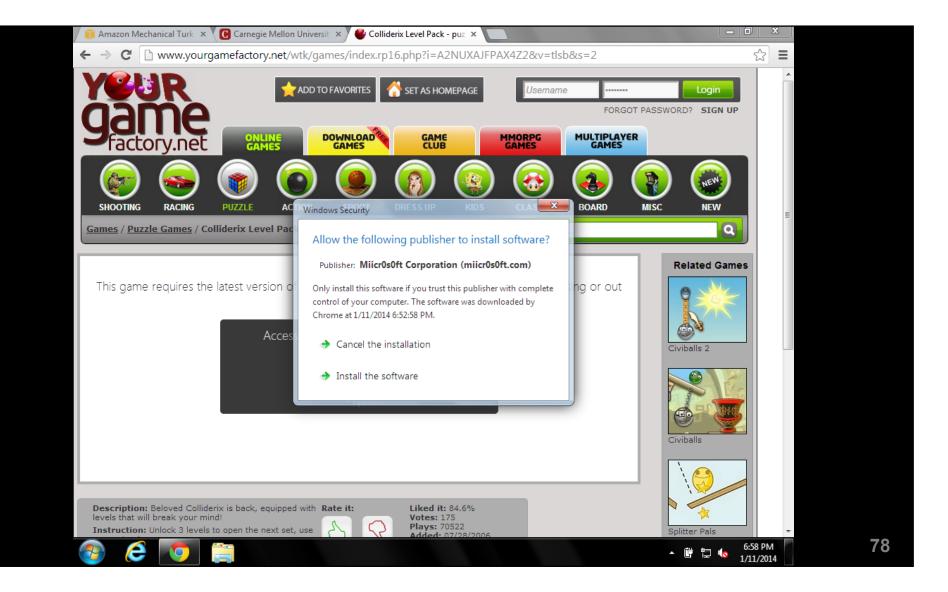
- Do attractors and other techniques prevent suspicious installs without preventing benign installs?
- How much do attractors delay benign installs?

Methodology requirements

- Massive, inexpensive, quick
- Remote observation/recording of behavior
- Participants should feel safety/risk and behave as they would in real life
- But should not actually be at increased risk through participation in experiment







Results are encouraging

- 2,227 Mturk participants encountered dialogs
- New dialogs reduced installations in suspicious scenario without preventing benign installations
- Some dialogs slowed people down
- Swipe, type, and delay particularly effective
- Follow-up study: Swipe and type remained effective after many exposures

Review and wrap-up

observation of real-world activity

naturallyoccurring risk

Studies

2fa

home computer users

hypothetical security tasks

simulated risk

Studies

password policies

crypto key fingerprints

real non-security tasks

simulated risk

Studies

phishing warnings

attracting user attention

Black hat sound bytes

- Don't assume you know how humans will behave – do a study!
- Observe real world activity if you can
- Otherwise, observe realistic scenarios under simulated risk

Real humans Simulated attacks

Usability Testing with Attack Scenarios

Lorrie Faith Cranor lorrie.cranor.org
@lorrietweet



Carnegie Mellon University CDUD PD SD cups.cs.cmu.edu CyLab Usable Privacy & Security Laboratory